

Creating an OVERVIEW MIND MAP

WHY

Your brain WANTS the BIG picture!

Think of it as the picture on the box of that 2000 piece puzzle....

Zooming out allows for better planning, better UNDERSTANDING of what fits where

AND can help you feel less overwhelmed 😊

1. Identify WHAT you need to study. Scan through the content and highlight the **headings & subheadings**. Also take note of important information, facts listed in bullet form/numbered...count (and write the amount/nr) eg. *4 reasons, 6 factors, 3 causes* etc.
2. As you read, think about what the teacher said and explained about the work in class, what do you **remember** or know already?
3. Make your OVERVIEW mind map by writing the framework which consists of the **main headings/sub headings**.
Include: all the important bits (a name, an important date, number of reasons/causes/factors/characteristics etc) AND any all rhymes/stories/acronyms you made up to help you remember.
4. Now you have an overview of all the content you need to study. Use this overview as a:
 - **PLANNING TOOL** = use it to guide your study sessions helping you plan your time and stay on track.
 - **STUDY TOOL** = adding important keywords, pictures, rhymes/acronyms.
 - **REVISION TOOL** = *What do you know well? What do you need to study more or go back to the book/module?*

